

VASTU TIPS

Consumers of today are well sensitised about the many benefits of living in Vastu-compliant houses. Vastu, a science and an art that deals with the matter of building and architecture, is an old Indian tradition that seems to have become more relevant today. As we aspire to help you build spaces that comply with the basic tenets of this ancient Indian science, Vastu Shastra, here are some of the guidelines. Vastu works on the principle of Panchbhootas, a term referring to the five basic elements of the universe: Earth, Water, Air, Fire, and Space. By abiding by the laws of Vastu, we attempt to achieve synergy across all the five elements in such a way that the abode becomes not only favourable to its inhabitants but empowering, too. The optimum use of Vastu concepts can help one achieve an atmosphere at home that is physically comfortable, emotionally soothing, and intellectually vibrant.

We have compiled a few Vastu tips that can be used to enhance the positive effect of elements in various rooms of your home.

General:

East is the most auspicious direction for entrance to a house.

The slope of the property should be from west to east or south to north.

The shadow of a tree should never fall on the house.

The north direction represents prosperity, and should never be blocked.

A Cactus plant should never be grown inside the house.

All doors should open towards the inside.

Door hinges should be noiseless.

Columns in a building must be placed in even numbers in any construction.

Bedroom:

The main bedroom should be constructed in the south-west direction.

Square and rectangle shape bedrooms are perfect for ensuring peace and prosperity.

Avoid hanging pictures that depict violence or sorrow.

Sleep with your head towards the south.

Living Room:

The north direction is ideal for the construction of the living room.

Air-conditioners should be in the west and not in the southeast section.

Southern and western corners of the room are perfect for placing the furniture.

Dining tables must have even-numbered chairs.

Kitchen:

The ideal location of the kitchen in the southeast corner of the house, with northwest being the second-best option.

The cooking activity should be done while facing east, as it's an auspicious direction. The other option is the north direction.

Electrical items such as microwaves, juicers, and mixers should be placed in the southeast corner of the kitchen.

The refrigerator should be in the northwest, southeast, south or west.

Why Vastu Shastra:

The positive effects of Vastu Shastra have spread to many countries. Vastu is being followed as a science in Japan, New York, London, Mumbai, Singapore, Hong Kong, Germany, and many more prime locations. India's cultural roots, history, and scientific backing continue to encourage individuals to practice Vastu Shastra, with much grace and ease.

Here is an illustration, that reinforces our points and depicts the ideal location to construct a well-balanced, harmonious environment:

NORTH EAST GREENERY TOILETS ANIMALS GARBAGE GUESTS	NORTH TREASURY STUDY ROOM	NORTH EAST POOJA VERANDAH PORTICO
WEST CHILDREN-STUDY	BRAMHASTAN COURT-YARD	EAST DINING STUDY-ROOM CHILDREN BATH
SOUTH WEST BEDROOM DRESSING ROOM STORE	SOUTH BEDROOM DINING	SOUTH EAST KITCHEN GARBAGE

THE NORTH EAST ZONE

- Called as the Eesanya, is the entry point of energy.

- It needs to be very light and clean.
- Ideal for prayer rooms, study & living rooms.
- Avoid tall trees in the garden.

THE SOUTH EAST ZONE

- Called as the Agni and is the point of heat energy.
- Needs to have hot equipment such as stoves.
- Ideal for kitchens, electrical equipment, and power connections.
- Avoid bedrooms and office rooms here, in buildings.

THE NORTH WEST ZONE

- Called as the Vayu. It is the point of wind energy.
- Ideal for kitchens, guest rooms, and toilets.
- Avoid adult bedrooms but one may keep children's bedrooms here.

THE SOUTH WEST ZONE

- Called as the Nairuthi. It is the point of heaviness, which indicates weightage in society.
- Ideal for bedrooms and cash lockers.
- Avoid water bodies and depressions. Tall trees are good here in the garden.